

November

2021

A challenge from the District Wellness Committee

Active Minutes

Step up to the first challenge of the 2021-2022 school year! For three weeks, keep track of your active minutes for your chance of winning some awesome prizes from the District Wellness Committee. The person with the most active minutes will win a Fitbit Tracker! Others will be entered to win additional prizes!

Please return completed form by **Wednesday November 24th**.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes
7	8	9	10	11	12	13
Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes
14	15	16	17	18	19	20
Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes	Active Minutes

_____ Total Active Minutes

Please return completed form to Paige Eisen at HMS or email form to paigeisen@hasd.org